Educational Interventions for Alcohol Policy Violations

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Context

Mission
The goal of the Judicial Affairs Office (JAO) is to encourage personal responsibility through the development of effective decision making and problem solving skills. The JAO provides students with information regarding their rights and responsibilities and assists them in exploring and identifying resources and alternatives in resolving issues and managing conflict.

Specifically, the JAO is responsible for investigating reports of violations to the Standards for Student Conduct, as well as administering the CSU Student Conduct Procedures and the University Student Grievance Procedures. We aim to strike a balance in addressing academic, and other misconduct, in a fair and educational manner while fostering an environment where all members of the campus community feel safe and valued.

Methods

- During the 2009-2010 Academic Year, reports showed an increase in CSULA students who were transported via ambulance due to alcohol intoxication. As a result, the JAO worked with Student Health Center to develop educational sanctions for students who violated the University alcohol policy.

- Health Educators administered TIPS for the University on January 29, March 26 and April 28, 2010. 22 students were referred to these workshops as educational sanctions.

- The TIPS program format includes videotape presentations, participant manual and interactive discussions.

- Participants completed an exam and post-training evaluation, developed by the TIPS program.

Results

- 22 students participated in the training and completed post-training exams and evaluations.

- 100% of the students felt that this program “accomplished its goal.”

- 86% of the students would feel comfortable intervening with a peer who was intoxicated.

- 55% of the students felt that alcohol training should be mandatory for students at Cal State L.A.

- 80% of the students felt this program was “better” than the other alcohol education program they’ve received. (Note that only 15 of the 22 had received alcohol education before)

- 2 students did not pass the participant exam.

Learning Outcomes

- Students will learn how alcohol affects people who are drinking.

- Students will be able to identify the signs that indicate when a peer intervention is necessary.

- Students will learn how to intervene when a peer is intoxicated.

Next Steps

- Add a question to the post-training evaluation to determine if participants have previously attended any other alcohol education programs.

- Require participants to earn a passing grade on the participant exam.

- Require that participants schedule a follow up meeting with the JAO.

- Require participants to write a reflective essay and work with the Writing Center to develop a grading rubric.