Welcome Home! Whether you are a returning resident getting closer to graduation or a new resident just starting your journey, we are very glad to call you neighbor here in Housing Services. Housing is the perfect place to make the connections that lead to success. The National Survey on Student Engagement shows that students who live in housing have a higher satisfaction with their university experience and...

- √ are more likely to graduate and to enter graduate school;
- √ meet more diverse people;
- √ are exposed to a wider range of ideas and cultures;
- √ develop strong interpersonal skills;
- √ finish college in less time;
- √ have more contact with faculty and other students;
- √ are more likely to have greater self-esteem.

We offer many opportunities in Housing to get involved, make friends, engage in leadership, and push your academic boundaries. Our professional and student staff, and our student directed Residence Hall Association are here to help you create a vibrant community and to reach your academic goals. Let us know how we can help.

Connect with your neighbors, Connect with your studies, and Connect with your potential!

Again, Welcome Home.

Stephen Fleischer Ed. D.
Director of Housing Services
We’ve been busy over the summer months with facility improvements:

- Annual replacement of mattresses (part of a three year replacement plan)
- Upgrade of ten apartments in Westside, Eastside, Buildings 4 & 5 (kitchens and bathrooms)
- Replacement of bed frames in Buildings 3 (part of a 3-4 year plan to replace bedframes)
- Installed 150 water saving toilets in the Westside, Building 3, 4 and 5.
- Apartment refresh – annual cleaning of all apartments, painting and carpet replacement of selected apartments.

Also new this year is the certification of all apartments as BED BUG FREE! Housing Services used specially trained canines (dogs) to inspect every apartment after check-out and prior to check-in. Please remember, bed bugs are hitch-hikers and travelers that find their way into our community through suitcases, clothing, boxes and other materials.

Following some basic steps can go a long way in keeping your apartment in good shape. Here are some helpful do’s and don’ts for caring for your appliances and your apartment: More information is available in the Housing Services Student Guide: [http://web.calstatela.edu/univ/housing/documents/form/StudentGuides/2015-2016_StudentGuide.pdf](http://web.calstatela.edu/univ/housing/documents/form/StudentGuides/2015-2016_StudentGuide.pdf)

**Dishwasher**
- Only use dishwasher soap in your dishwasher. Using other soap can cause flooding in your apartment.
- Rinse the food off your dirty dishes before you put them in the dishwasher.
- Put only “Dishwasher Safe” items in the dishwasher. If you are not sure if they are dishwasher safe, wash those items by hand.

**Garbage Disposal and Kitchen Sink**
- Do not put oil or oil compounds down the drain. Place used cooking oil in an old jar or plastic container and dispose of it in a trash dumpster.
- Do not put large amounts of vegetable or fruit peelings in the garbage disposal.
- Run your garbage disposal only when the water is on.
- Do not put anything hard like bones or metal objects in the garbage disposal.
- Avoid placing large quantities of pasta or rice, this will clog the disposal.
- Do not try to repair a clog yourself, fill out a Work Order instead.

**Heating and Air Conditioning**
- Cooling your apartment is best achieved when doors and windows are closed while you are in your apartment. If you leave the A/C in the “ON” position, its output of cold air will gradually decrease until it is just a fan. Set your air conditioner on “AUTO” and compromise with your housemates about how cold you like your apartment. Save energy by leaving your air conditioner off when no one is home, and closing your shades during the day.
- Set the A/C temperature higher or turn it off when you leave. Conserve energy and help prevent the A/C from overworking.
- Your heater is designed to work with the doors and windows all closed. Save energy by leaving your heater off when no one is home. Talk with your housemates about how warm you like your apartment.

**Microwave Oven**
- Never put anything metal or metallic in the microwave (foil, teabags with staples, ceramics, paper goods, pots)
- Clean your microwave often.

**Toilet**
- Borrow a plunger from the Community Information Center (CIC) to use on the toilet if it is clogged.
- Do not flush items such as paper towels, feminine products, flushable wipes, etc.
- If your toilet overflows and you don’t know how to use a plunger, or plunging doesn’t seem to unblock it, report it the RA on-duty.
- Inexpensive plastic toilet brushes tend to break and will clog the toilet. Purchase a sturdy variety to avoid any problems. Report any issues immediately.

**General**
- Only use UL approved power strips. Others can be a fire hazard. For more information, please refer to the [2015-2016 Student Guide](http://web.calstatela.edu/univ/housing/documents/form/StudentGuides/2015-2016_StudentGuide.pdf), under Extension Cords.
MAIL ROOM HOURS

- Monday - Friday: 9:00 pm - 5:30 pm
- Saturday: 10:00 pm - 2:00 pm
- calstatela.edu/univ/housing/Mail_Services.php
- Trouble opening your mailbox, come to training: Monday-Friday, 4:00 pm - 5:00 pm

Residents are assigned a mailbox for use and will be given the mailbox combination and mailing address for mail and packages. Mailboxes are shared among first year students living in the same bedroom. It is strongly encouraged to check your mailbox frequently, not only to receive personal mail, but also for important Housing Services information. When receiving a package, you will receive a “Package Slip” to turn in to the Mail Room and pick up your package. You must present your campus I.D. or picture I.D in order to pick up your package.

MAIL ROOM MUSTS

- Please have mail/packages sent to the resident’s mail box number and not apartment number
- You must have a picture ID to pick up packages and mail
- Mail/packages MUST have your full legal name as it appears on your ID. If addressed under nickname or another person’s name, it will be returned to sender.
- Any mail/packages containing perishable items, especially food, must be labeled ‘Perishable.’ Please make sure to place the label somewhere easily noticeable on the package.
- UPS/FEDEX/DHL/etc., deliver packages in the afternoon and will be logged in by Housing Staff. Packages will be available for pick up starting at 4pm.

Please share this information with your parents, family and friends.

ROOM CHANGE REQUEST

Interested in changing rooms, changing apartments or swapping rooms to another community? Submit a Room Change Request online. Residents interested in changing rooms may submit their Room Change Request online starting Friday, October 9th through 9am on Wednesday, October 14th. All requests will be reviewed and approved based on available spaces. Please keep in mind that spaces are limited and you must have approval moving.

1. Submit your Room Change Request online before 9 am on Wednesday, October 14, 2015 to be considered.
2. Your request will be reviewed and you will receive an email at your Cal State L.A. email.
3. If approved, you will pick up the keys to your new room Friday, October 16, 2015 and will need to complete your move by 5:00 PM on Friday, October 16, 2015.

To request a room change please use this online form starting Friday, October 9, 2015: http://checkbox.calstatela.edu/checkbox/Room-Change-Request.aspx

MISSING PERSON

As part of your License Agreement, you are asked for a missing person contact and telephone number in the event you are considered missing. This contact may be different from your other emergency contacts.

Students are advised that their contact information will be registered confidentially. This information will be accessible only to authorized campus officials, and may not be disclosed except to law enforcement personnel in furtherance of a missing person investigation.

If a student is under eighteen (18) and not emancipated, the California State University must notify a custodial parent or guardian within twenty-four (24) hours of the determination that the student is missing, in addition to notifying any additional contact person designated by the individual.

We encourage students to also use this notification system if they are concerned about the whereabouts of another student by contacting the Department of Public Safety at (323) 343-3700. Other avenues of reporting include Student Affairs (323) 343-3100 and Housing Services (323) 343-4800 (after-hours response (323) 343-4807). Any missing student reports received by these offices are referred immediately to Department of Public Safety.
SMOKING POLICY

A. Consistent with state law and university policy, smoking of tobacco products or e-cigarettes in or within twenty-five (25) feet of any residential community building is prohibited.

B. Smoking and proper disposal of cigarette butts should occur in designated smoking areas only. There are several designated smoking areas in the Housing portfolio. In Phase I/II the first (1st) is located in Phase II near the metal benches behind the basketball court, the second (2nd) is located in the alcove adjacent to the access road by the stairs leading to Lot 5, a third (3rd) is located next to the trashcan on the stairs leading to lot 7A on the Phase II side of the lot, the fourth (4th) is located on the loop exiting to lot 7 behind apartments 101-105 (there is an umbrella table located in the grass next to the loop). There isn’t a location inside of the GEA gates that is 25 feet from the building. So no designated space exists there.

C. As outlined in the California State University Los Angeles Administrative Procedures Manual University Smoking Policy #006 which references a concern for the health of all members of the University community, smoking is not permitted in all enclosed indoor areas on campus or in any building on campus, with the exception of specially posted smoking areas approved by the Risk Management and Environmental Health and Safety Director. This includes all inside environments and exterior areas that are encompassed by the building footprint. This includes open balconies, foyers, stairway landings, rooftops and pedestrian bridges between buildings that begin and end at the building entrance/exit. Smoking is prohibited within twenty-five (25) feet of an outside entrance to a building, building opening (window, door, etc.) or mechanical ventilation system air-intake.

D. Hookahs are prohibited.

MEAL PLAN

We hope you are enjoying the Dining Commons, located in Phase II. Meal plan participants enjoy all-you-care-to-eat meals, prepared on the premises. You have a variety of pizzas and salads to choose from, enjoy comfort food, hot entrees and cereal all day. If you have a sweet tooth, you will love our soft-serve ice cream, along with our variety of delicious desserts. There are three plans to choose from: 10, 12 or 17 meals per week. Breakfast, Lunch and Dinner are served Monday through Friday and an extended Brunch on Saturday and Sundays. Meal plan contracts are for the academic year (Fall, Winter and Spring).

For your convenience, residents may get a quick fixed meal at Salazar Café on campus. If you would like to upgrade to a higher meal plan or if you haven’t signed up for a meal plan, just stop by the Housing Services Office.

• Fall 2015 - Meal Plans begin on Thursday, September 24, 2015 with Breakfast.

The Dining Commons will close during quarter breaks (Winter and Spring breaks) and University holidays.

*Remember to take your CSULA ID to get your meals

For additional information please refer to the Meal Plan webpage (http://web.calstatela.edu/univ/housing/mealplan.php) and the License Agreement (http://web.calstatela.edu/univ/housing/documents/form/License%20Agreements/2015-2016_LicenseAgreement.pdf)
EARTHQUAKE PREPAREDNESS

The state of California is prone to Earthquakes due to the San Andrea’s Fault. Being prepared can make a difference.

The Great California Shake-Out is an annual event to practice how to be safe during big earthquakes: "Drop, Cover and Hold On." The Shake-Out provides the opportunity to review and update emergency preparedness plans and supplies.

This year the Great Shake-Out Drill is scheduled for 10:15 a.m. on October 15, 2015. Please remain in your apartment and find a secure and sheltered space away from windows and glass. The proper procedure is to Drop, Cover, and Hold On as if there were a major earthquake occurring, and stay in this position for at least 60 seconds. In the event of a real earthquake you would stay in this position until the majority of shaking has subsided.

CAMPUS DRILLS/ALARMS: Students must comply with the evacuation alarm and/or the directions of Housing Services staff or campus safety personnel. The Evacuation Site for Phase I & II is in the far Northeast corner of Lot 7. The evacuation location for GEA is on the grassy median on Mariondale, just South of GEA. A Cal State L.A. staff member or Housing Services staff will give you instructions after your arrival in this area. Remain in these designated areas until you are accounted for and/or given permission to leave the area and re-enter your apartment.

ENERGY CONSERVATION

Saving energy reduces our nation’s overall demand for resources needed to make energy. The following are simple and easy ways to cut your energy use in your apartment and also on the road. Your actions can help reduce the high demand to produce and import energy – conserving our resources for the future! Help by making a change to your daily routine today.

- Turn DOWN the thermostat by 2 degrees in Winter and UP 2 degrees in the Summer
  - This can eliminate up to 2000lbs of Carbon Dioxide emission per year
- Reuse your shopping bags or purchase reusable bags
  - This will help with reducing plastic in landfills which takes years to break down. Waste in landfills also releases Carbon Dioxide and Methane into the atmosphere
- Cover pots while cooking
  - Heat is trapped this way & cooks much faster
- Buy fresh food instead of frozen
  - Frozen food takes 10 times more energy to produce and is not as healthy!
- Eat less meat
  - Cows are one of the greatest Methane producers, which is the 2nd largest greenhouse gas
- Look for public transit options in your area
  - Avoiding 10 miles of driving per week can eliminate 500 lbs. of Carbon Dioxide emission per year
- Plug electronics into UL approved power strips and turn off power strip when equipment is not in use
  - Appliances use 40% of its energy when in standby mode
- Drive sensibly
  - Aggressive driving such as speeding, and rapid acceleration and braking, wastes fuel.
- Turn off electronics and other electrical items when you are not in the room such as lights, TVs, entertainment systems, your computer and monitor – change the thermostat when you go out to reduce the heat or cold output
- Check to see that windows and doors are closed when heating or cooling your apartment.

For more ways to conserve energy, visit: [http://lightbulbs.org/50-ways-to-conserve-energy/](http://lightbulbs.org/50-ways-to-conserve-energy/)
The Residence Hall Association (RHA) exists to give residents an opportunity to take an active role in shaping their residential community. RHA consists of students currently living within Housing who serve as the liaison between the residents and the housing department. RHA also creates and implements large scale events for the residents, all while focusing on ways to enhance the living experience for everyone! With events like Casino Night and their continuous involvement in Relay for Life, RHA strives to help our residents become more involved as well to serve as representation of Housing to the campus community.

RHA is the voice of the resident community. Our goal is to get residents involved in the vision and planning of activities in the Housing community. All residents are members of RHA and are encouraged to participate in meetings. Meetings will serve as a platform for students to proactively voice concerns and recommendations.

If you want to make a difference in the Housing community or you just want to see what we’re up to, please attend our meetings in the Phase II Conference Room every Wednesday at 8:00 pm starting October 7, 2015. For more information, you can also contact Donyet King, RHA Advisor, at dking5@cslanet.calstatela.edu or (323)343-4800. Applications are available at every meeting.
MEET THE RES LIFE STUDENT STAFF

Catherine Bolanos
Resident Assistant
Building 2

James Juarez
Resident Assistant
Building 2

Katrina Stanley
Resident Assistant
Building 3

Sarah Chavez
Resident Assistant
Building 3

Kimberly Martinez
Resident Assistant
Building 4

Riki Chang
Resident Assistant
Building 4

Magdalena Sanchez
Resident Assistant
Building 4

Gem Arias
Resident Assistant
Building 5

Hannah Cota
Resident Assistant
Building 5

Alvaro Sanchez
Resident Assistant
Eastside

Valerie Antuna
Resident Assistant
Eastside

Morgan Abraham
Resident Assistant
Eastside
You might think that studying and tests don’t start until classes do, but if you are a first year student living in Housing, you must take an online alcohol education course called Alcohol-Wise. Before you groan and contemplate hiding in an attempt to dodge this requirement, let’s look at some facts from the National Institute on Alcohol Abuse and Alcoholism about college drinking:

- The first 6 weeks of freshman year is an especially vulnerable time for heavy drinking and alcohol-related consequences because of student expectations and social pressures at the start of the academic year.
- Nineteen percent of college students between the ages of 18 and 24 met the criteria for alcohol abuse or dependence, but only 5 percent of these students sought treatment for alcohol problems in the year preceding the survey.
- About one-quarter of college students report having academic consequences because of their drinking, including missing class, falling behind, doing poorly on exams or papers, and receiving lower grades overall.

Whether you abstain from alcohol or choose to partake, you are living in an environment where there is a lot of adjustment, experimentation, and establishing of habits. The information presented in this online module and presented by the Residential Life staff throughout the year, is not intended to condemn or condone alcohol use, rather it will provide you with information that help can shape better choices.

Please continue to check your Cal State L.A. email address for more details!
GET CHARGED!

Is your electronic device battery low? No worries! Go to your nearest Open Access Lab where a Kwikboost charging station is now available, equipped with Micro USB, Mini USB cables, iPad and iPhone (8-pin) USB chargers.

OPEN ACCESS LABS

There are five Open Access Labs (OALs) located across the campus that serve as physical learning destinations for students. These labs provide Cal State L.A. students with up-to-date computing resources and tools to accomplish their academic goal for instruction, research and presentation.

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ITS WORKSHOPS

The ITS Training Program provides computer workshops that are offered by request. Cal State L.A. student clubs and organizations, can request to have these workshops conducted for their members. For additional information please refer to: http://www.calstatela.edu/its/training/workshops

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Phone: (323)-343-6170. Telephone services are available 24/7, except during University holidays and summer quarter.

Location: Library Palmer Wing Lobby
Monday - Thursday: 8 a.m. - 7 p.m.
Friday: 8 a.m. - 5 p.m.
Saturday - Sunday: Closed

Location: Annex Link (ST E191)
24/7 walk-in support is available at the Annex Link located at Simpson Tower E191, except during quarter breaks and University holidays.
Annex Link Schedule: www.calstatela.edu/annex

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(323)343-6260
www.calstatela.edu/univ/finaid

Golden Eagle Territory (GET)
Help Line: (323)343-6170
gt.calstatela.edu

ITS
(323)343-2600
www.calstatela.edu/its

JFK Library
(323)343-3988
www.calstatela.edu/library

Luckman Theatre
(323)343-6600
www.luckmanarts.org

Office for Students with Disabilities (OSD)
(323)343-3140
www.calstatela.edu/univ/osd

Parking and Transportation Services
(323)343-5277
www.calstatela.edu/univ/police/pt_center.php

Public Safety
(323)343-3700
www.calstatela.edu/univ/police

Student Health Center
(323)343-3314
www.calstatela.edu/univ/hlth_ctr

University Bookstore
(323)343-2500
calstatela.bncollege.com

University–Student Union
(323)343-2450
calstatelausu.org

Writing Center
(323)343-5350
http://web.calstatela.edu/centers/write_cn/

DIRECT TV LINE-UP

View the Direct TV line-up online: http://www.calstatela.edu/univ/housing/tv.php?#maincontent

<table>
<thead>
<tr>
<th>Channel Number</th>
<th>Channel Name</th>
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<tr>
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<td>VH-1</td>
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<td>3</td>
<td>CNN</td>
<td>24</td>
<td>MTV</td>
<td>45</td>
<td>Food Network</td>
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<td>NBC</td>
<td>25</td>
<td>MTV2</td>
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<td>TBS</td>
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<td>KTLA/WB</td>
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<td>BET</td>
<td>47</td>
<td>Cartoon Network</td>
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<td>USA</td>
<td>27</td>
<td>Comedy Central</td>
<td>48</td>
<td>Disney</td>
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<td>ABC</td>
<td>28</td>
<td>KCET/PBS</td>
<td>49</td>
<td>Nickelodeon</td>
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<td>CSULA Housing</td>
<td>29</td>
<td>WE</td>
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<td>BBC America</td>
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<td>E! Entertainment</td>
<td>52</td>
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<td>FOX</td>
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<td>Syfi</td>
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<td>Travel Channel</td>
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<td>Family</td>
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<td>54</td>
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<td>History Channel</td>
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<td>19</td>
<td>A&amp;E</td>
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<td>ESPN News</td>
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<td>MTV-U (coming)</td>
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<td>AMC</td>
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<td>FOX Sports West</td>
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<td>ESPN</td>
<td></td>
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</tr>
</tbody>
</table>
Cal State L.A. Housing

**PARKING LOT CLEANING**
Residents must use a RESIDENTIAL Parking Permit to park at GEA and Lot 7A. This permit will also allow you to park in students lots on campus. Permits can be purchased at the Parking and Transportation Services kiosk located in Lot 4.

- $100 (Quarter)
- $300 (Annual – Fall/Winter/Spring)

Lot 7A will be cleaned every Friday, between 7:30am-9:30am. Vehicles will be cited if not removed during this time period. Residents can park in Lot 7 during this time. Your residential parking permit is valid in student parking lots.

**SHARE YOUR PICTURES**
If you take pictures at Housing events, please share them with us, on our Facebook or Twitter pages online.

**PHASE I RESIDENTS**
The design of the hot water system in Phase I requires additional time to circulate hot water. Please note that it takes about 3 minutes for the hot water to circulate.

**LAUNDRY**
Credit and/or debit card machines are available for use at a cost of $1.25 per wash and $1.00 per dry. The laundry room in Phase I is located in the Community Information Center, Phase II laundry rooms are located in each building on the first floor. Please remember to remove your clothes promptly from the washers and dryers as other residents may be waiting to use the machines. For more information: [http://web.calstatela.edu/univ/housing/services.php](http://web.calstatela.edu/univ/housing/services.php) under Wireless Laundry Facilities.

**ANNOUNCEMENTS**

**KEEP CALM AND RESPECT QUIET HOURS**

Sunday - Thursday
10:00 pm - 9:00 am
Friday & Saturday
12:00 am - 9:00 am

**ACT BUS-BLUE LINE**
The Alhambra Community Transit (ACT) shuttle bus - at just a 25-cent fare - offers riders inexpensive fixed-route bus transit service connecting passengers to schools, parks, shopping centers, restaurants and public facilities, including Cal State University Los Angeles, the Metrolink Station and MTA Busway. For more information: [http://www.cityofalhambra.org/page/161/act_bus_transportation/](http://www.cityofalhambra.org/page/161/act_bus_transportation/)

**NEW RESIDENT DIRECTOR**
Maria Cerce is the newest Resident Director (RD) to join the Residence Life Team. She is from Oakham, MA, and moved to Los Angeles two months ago after working as an RD in Massachusetts for three years. Please welcome Maria and say, ‘hi,’ when you see her.

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**GRADUATION INITIATIVE**

Daniel Joseph Garcia

**Major:** Communications - Public Relations
**Current year:** Junior
**Year expected to graduate:** 2017

*If you live on campus, what positive experience have you had living on campus?*
One positive experience I’ve had, was realizing that I can actually live on my own. It may be hard at times, and I know my parents will always be there for me, but knowing I can cook, clean, and still manage to go to school makes me excited for the future.

*What has motivated you to pursue a college degree?*
The people that motivate me the most are my parents. Everything I do is to make them proud. They’ve (especially my mom) done so much for me in my life and I just want to be able to give back to them later in life. I also want to be the first in my family to get a degree.

*Have you had any obstacles get in your way of your education?*
The biggest obstacle so far has been not being able to get my required classes on registration days. It also doesn’t help that I switched majors in fall, but despite that, I have to stay persistent.

*What do you plan to do after you graduate?*
Well, I hope I can get a job for an advertising company. I love the idea of making people support or buy a product. It’s a real mind game. I also want to travel around and just be very adventurous.