



Paragon Learning Style Inventory

A Window into Learning Style and Cognitive Preference

Adult Version

Directions: Please answer the following questions as carefully, honestly, and quickly as possible. Remember there are no right answers, only your best answers. Place your answers on the answer sheet provided, on the corresponding blanks—go across.

- 1. When you come to a new situation, you usually**
 - a. try it right away, and learn from doing
 - b. like to watch first and try it later
- 2. Do you think people should be more**
 - a. sensible and practical
 - b. imaginative and inspired
- 3. When you come to an uncertain situation**
 - a. you usually trust your feelings more
 - b. you usually trust your thinking more
- 4. Do you prefer when things are**
 - a. planned and structured
 - b. spontaneous and unplanned
- 5. Do you spend most of your time**
 - a. often in bigger groups and seldom alone
 - b. in smaller groups or alone
- 6. It is better to**
 - a. be able to accept what is
 - b. try to change things
- 7. Is it worse to do**
 - a. mean things
 - b. unfair things
- 8. When it comes to decisions**
 - a. you usually make them quickly and easily
 - b. you usually have trouble making up your mind
- 9. After a day spent with a lot of people do you**
 - a. feel energized and stimulated
 - b. feel drained and like being alone
- 10. When you need to get something important done, you prefer to**
 - a. do it the way that has worked before
 - b. do it a new way that you just thought of
- 11. Which is a bigger compliment?**
 - a. "he/she is really nice"
 - b. "he/she is really smart"
- 12. When it comes to time, are you more likely to**
 - a. usually be on time
 - b. be pretty flexible
- 13. When you are in a group do you usually**
 - a. do a lot of the talking
 - b. mostly listen and talk a little
- 14. Are you more interested in**
 - a. what really is
 - b. what can be
- 15. When you look at two things, you mostly notice**
 - a. how they are the same
 - b. how they are different
- 16. When you do a job, you want to know**
 - a. only what you need to so you can get started
 - b. all that you can about the task
- 17. Most other people seem to see you as**
 - a. kind of out-going
 - b. kind of shy and reserved
- 18. When it comes to work that is very exact or detailed**
 - a. it comes pretty easily to you
 - b. you tend to lose interest in it over time
- 19. When your friends disagree, it is more important**
 - a. to help them agree and come together
 - b. to help them come to the right answer
- 20. When you get up in the morning**
 - a. you know pretty much how your day will go
 - b. it seems every day is pretty different
- 21. When it comes to using the phone**
 - a. you use it a lot and make most of the calls
 - b. you use it most when others call you
- 22. When you work on group projects, do you prefer to**
 - a. help make sure the project gets done & works
 - b. help come up with the ideas and plans
- 23. Others often describe you as a**
 - a. warm-hearted person
 - b. cool-headed person
- 24. Which is more your way**
 - a. to "do the right thing"
 - b. to "just do it"
- 25. When you talk to strangers you've just met, you**
 - a. talk pretty easily and at length
 - b. run out of things to say pretty quickly
- 26. When it comes to work you**
 - a. prefer steady effort and a regular routine
 - b. work in spurts, really "on" then really "off"
- 27. Is it worse to be**
 - a. too critical
 - b. too emotional
- 28. Would you rather have things**
 - a. finished and decided
 - b. open to change
- 29. When it comes to news at work, you seem**
 - a. to find it out quickly
 - b. to be one of the last to know
- 30. Are you more likely to trust**
 - a. your experience
 - b. your hunches
- 31. You prefer leaders who are more**
 - a. caring and supportive
 - b. knowledgeable and expect a lot
- 32. Is it more your way to**
 - a. finish one project before you start a new one
 - b. have lots of projects going at once
- 33. Which is more true of you—do you**
 - a. too often act and talk without thinking much first
 - b. spend too much time thinking and not enough doing
- 34. Things would be more fair if people**
 - a. would just follow the rules
 - b. would just show integrity
- 35. Is it usually easier for you to tell**
 - a. how someone else is feeling
 - b. what someone else is thinking
- 36. Which is the more useful ability**
 - a. to be able to organize and plan
 - b. to be able to adapt and make do
- 37. At a party or gathering**
 - a. you do more of the introducing of others
 - b. others introduce you more
- 38. Others have suggested that you too often**
 - a. oversimplify a task
 - b. overcomplicate a task
- 39. It is more your way to**
 - a. usually show what you are feeling
 - b. usually not show your feelings
- 40. You are the kind of person who**
 - a. needs to have things a certain way
 - b. does it any old way
- 41. When you get done with an assignment**
 - a. you feel like showing it to someone
 - b. you like to keep it to yourself
- 42. Things would be better if people were**
 - a. more realistic
 - b. more imaginative
- 43. Would you say you are more concerned**
 - a. with being appreciated by others
 - b. with achieving something important
- 44. It is better that people**
 - a. know what they want
 - b. keep an open mind
- 45. Friday night after a long week you usually**
 - a. feel like going to a party or going out
 - b. feel like renting a movie or relaxing
- 46. When you do a job, it's usually your approach to**
 - a. start from the beginning, and go step-by-step
 - b. start anywhere, and figure it out as you go
- 47. When you tell a story, you mostly talk about**
 - a. how the people involved were affected
 - b. what went on in general
- 48. You feel most comfortable when things are**
 - a. planned and you know what to expect
 - b. unplanned and flexible
- 49. Most people describe you as more**
 - a. energetic and talkative
 - b. calm and a good listener
- 50. Which do you find more compelling?**
 - a. a proven practice that has been shown to work
 - b. a sound theory that makes perfect sense
- 51. You feel more comfortable responding to others'**
 - a. feelings and values
 - b. thoughts and ideas
- 52. When it comes to daily tasks, you find yourself**
 - a. finding a system for doing them that you use consistently
 - b. using a variety of strategies that depend on the situation

NOW FOLLOW THE DIRECTIONS ON THE ANSWER SHEET TO COMPILER YOUR SCORE AND OBTAIN YOUR LEARNING/COGNITIVE STYLE.