

The Four Learning Style Dimensions

Interpreting your score: When you totaled your choices on the score sheet, the total of a's and b's in each column should have indicated a preference on each of these 4 factors of your learning style. For example, if in the first column you selected more a's than b's, that would have indicated that you would more likely show an E or Extrovert preference rather than an I or Introverted preference. However, if you had a tie, 6 a's and 6 b's, then it is often helpful to examine each list of characteristics for the columns below to determine if one of the factors is more "like you" than the other. Most of the time peoples' preferences fall more into one column than the other, but being in the center is possible.

EXTROVERT (@60% of population)

learns best from doing
is more at ease and confident socially
likes to know how others are doing it
gets energized from socializing
readily volunteers and offers opinions
ideas start from the outside in

SENSATE (@65% of population)

is more realistic and practical
is more patient and steady
uses his/her experience and common sense
likes routines and order
looks more for what is actual and sensible
lives in the here and now

FEELER (@65% of females: 45% of males)

is more interested in people than ideas
focuses more on personal relationships
likes harmony dislikes conflict
is tuned in to others' feelings
is warm and arouses enthusiasm
makes decisions based on his/her heart

JUDGER (@45% of population)

is more decisive than curious
likes planned and scheduled activities
has very set opinions
feels good when things are completed
likes order and organization
may make decisions too quickly

INTROVERT (@40% of population)

likes to watch before doing
prefers working alone or with one other
sets own standards when possible
likes quiet space to work
seems "deep" and hard to understand
ideas start from inside out

INTUITIVE (@35% of population)

is more imaginative and abstract
likes new challenge, works in spurts
trusts what makes sense to her/him
dislikes routine and detail work
looks more for what is possible
lives toward her/his vision of the future

THINKER (@55% of males: 35% of females)

is more interested in fascinating ideas
wants things to be fair and reasonable
stands-up for what he/she thinks
is tuned in to logical consistency
is cool-headed and impartial in conflict
makes decisions based on rational thought

PERCEIVER (@55% of population)

is more curious than decisive
likes the spontaneous and unplanned
is flexible, adaptable, and tolerant
like to keep options open
seeks more to understand than manage things
may have trouble making up her/his mind

The combination of your four preferences makes up your four factor "learning style." Taking the underlined letters from the factor titles above, you will obtain one of the 16 possible learning style combinations (i.e., ENTJ, ISFP, ESTP, or INFJ). Remember there are no better or more important styles. Those who prefer to work out of each side of the four factors are needed to make things work.

The more your score fell on one side of the column than the other, the more you will likely show a greater comfort working in that mode. While we all have the ability to work in either mode, understanding the modes that are the most comfortable for you will help you learn to be more successful and appreciate your unique gifts. You can learn more about how your preferences affect your style of learning, living and acting in the following pages.